

# △BCD COMPETITION

SYLLABUS



JUNE 2023

[ABCDCOMPETITION.COM](http://ABCDCOMPETITION.COM)

\*section is calculated by the age of the oldest competitor

## GROUP ENTRIES

**6yrs**

JAZZ GROUP 6YRS & UNDER  
CONTEMPORARY/LYRICAL GROUP 6YRS & UNDER  
HIP HOP GROUP 6YRS & UNDER  
BALLET GROUP 6YRS & UNDER  
MUSICAL THEATRE GROUP 6YRS & UNDER  
TAP GROUP YRS & UNDER  
ACRO GROUP 6YRS & UNDER

**8yrs**

JAZZ GROUP 8YRS & UNDER  
CONTEMPORARY/LYRICAL GROUP 8YRS & UNDER  
:HIP HOP GROUP 8YRS & UNDER  
BALLET GROUP 8YRS & UNDER  
MUSICAL THEATRE GROUP 8YRS & UNDER  
TAP GROUP 8YRS & UNDER  
ACRO GROUP 8YRS & UNDER

**10yrs**

JAZZ GROUP 10YRS & UNDER  
CONTEMPORARY/LYRICAL GROUP 10YRS & UNDER  
HIP HOP GROUP 10YRS & UNDER  
BALLET GROUP 10YRS & UNDER  
MUSICAL THEATRE GROUP 10YRS & UNDER  
TAP GROUP 10YRS & UNDER  
ACRO GROUP 10YRS & UNDER

**12yrs**

JAZZ GROUP 12YRS & UNDER  
CONTEMPORARY/LYRICAL GROUP 12YRS  
HIP HOP GROUP 12YRS & UNDER  
BALLET GROUP 12YRS & UNDER & UNDER  
MUSICAL THEATRE GROUP 12YRS & UNDER  
TAP GROUP 12YRS & UNDER  
ACRO GROUP 12YRS & UNDER

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## GROUP ENTRIES

### 15yrs

JAZZ GROUP 15YRS & UNDER  
CONTEMPORARY/LYRICAL GROUP 15YRS & UNDER  
HIP HOP GROUP 15YRS & UNDER  
BALLET GROUP 15YRS & UNDER  
MUSICAL THEATRE GROUP 15YRS & UNDER  
TAP GROUP 15YRS & UNDER  
ACRO GROUP 15YRS & UNDER

### Open

JAZZ GROUP OPEN 16+  
CONTEMPORARY/LYRICAL GROUP OPEN 16+  
HIP HOP GROUP OPEN 16+  
BALLET GROUP OPEN 16+  
MUSICAL THEATRE GROUP OPEN 16+  
TAP GROUP OPEN 16+  
ACRO GROUP 16+

\*age cut off is 1st of january 2023

# SOLOS

## **4/5 yrs Solos**

JAZZ SOLO 4/5 YRS

CONTEMPORARY/LYRICAL SOLO 4/5 YRS

HIP HOP SOLO 4/5 YRS

BALLET SOLO 4/5 YRS

MUSICAL THEATRE/ BROADWAY SOLO 4/5 YRS

TAP SOLO 4/5 YRS

ACRO SOLO 4/5YRS

STUDENT CHOREOGRAPHY SOLO 4/5YRS

## **6/7 yrs Solos**

JAZZ SOLO 6/7 YRS

CONTEMPORARY/LYRICAL SOLO 6/7 YRS

HIP HOP SOLO 6/7 YRS

BALLET SOLO 6/7 YRS

MUSICAL THEATRE /BROADWAY SOLO 6/7 YRS

TAP SOLO 6/7YRS

ACRO SOLO 6/7YRS

STUDENT CHOREOGRAPHY SOLO 6/7YRS

## **8/9 yrs Solos**

JAZZ SOLO 8/9 YRS

CONTEMPORARY/LYRICAL SOLO 8/9 YRS

HIP HOP SOLO 8/9 YRS

BALLET SOLO 8/9 YRS

MUSICAL THEATRE /BROADWAY SOLO 8/9 YRS

TAP SOLO 8/9 YRS

ACRO SOLO 8/9 YRS

STUDENT CHOREOGRAPHY SOLO 8/9YRS

\*age cut off is 1st of january 2022

# SOLOS

## 10/11 yrs Solos

JAZZ SOLO 10/11 YRS

CONTEMPORARY/LYRICAL SOLO 10/11 YRS

HIP HOP SOLO 10/11YRS

BALLET SOLO 10/11 YRS

MUSICAL THEATRE/BROADWAY SOLO 10/11 YRS

TAP SOLO 10/11 YRS

ACRO SOLO 10/11 YRS

STUDENT CHOREOGRAPHY SOLO 10/11YRS

## 12/13 yrs Solos

JAZZ SOLO 12/13 YRS

CONTEMPORARY/LYRICAL SOLO 12/13 YRS

HIP HOP SOLO 12/13 YRS

BALLET SOLO 12/13 YRS

MUSICAL THEATRE /BROADWAY SOLO 12/13 YRS

TAP SOLO 12/13 YRS

ACRO SOLO 12/13 YRS

STUDENT CHOREOGRAPHY SOLO 12/13YRS

# SOLOS

## 14/15 yrs Solos

JAZZ SOLO 14/15 YRS

CONTEMPORARY/LYRICAL SOLO 14/15 YRS

HIP HOP SOLO 14/15 YRS

BALLET SOLO 14/15 YRS

MUSICAL THEATRE/ BROADWAY SOLO 14/15 YRS

TAP SOLO 14/15 YRS

ACRO SOLO 14/15 YRS

STUDENT CHOREOGRAPHY SOLO 14/15 YRS

## Open 16+ Solos

JAZZ SOLO OPEN

CONTEMPORARY/LYRICAL SOLO OPEN

HIP HOP SOLO OPEN

BALLET SOLO OPEN

MUSICAL THEATRE/BROADWAY SOLO OPEN

TAP SOLO OPEN

ACRO SOLO OPEN

STUDENT CHOREOGRAPHY SOLO OPEN

\*age cut off is 1st of january 2023

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## **DUO / TRIOS**

### **4/5 yrs**

113 : JAZZ DUO/TRIO  
213: CONTEMPORARY/LYRICAL DUO/TRIO  
313 : HIP HOP DUO/TRIO  
413 : BALLET DUO/TRIO  
513 : MUSICAL THEATRE DUO/TRIO  
613 : TAP DUO/TRIO  
713: ACRO DUO/TRIO

### **6/7yrs**

114 : JAZZ DUO/TRIO  
214: CONTEMPORARY/LYRICAL DUO/TRIO  
314 : HIP HOP DUO/TRIO  
414 : BALLET DUO/TRIO  
514 : MUSICAL THEATRE DUO/TRIO  
614 : TAP DUO/TRIO  
714: ACRO DUO/TRIO

### **8/9yrs**

115 : JAZZ DUO/TRIO  
215: CONTEMPORARY/LYRICAL DUO/TRIO  
315 : HIP HOP DUO/TRIO  
415 : BALLET DUO/TRIO  
515 : MUSICAL THEATRE DUO/TRIO  
615 : TAP DUO/TRIO  
715: ACRO DUO/TRIO

\*age cut off is 1st of january 2023

\*section is calculated by the age of the oldest competitor

## **DUO / TRIOS**

### **10/11 yrs**

116 : JAZZ DUO/TRIO

216: CONTEMPORARY/LYRICAL DUO/TRIO

316 : HIP HOP DUO/TRIO

416 : BALLET DUO/TRIO

516 : MUSICAL THEATRE DUO/TRIO

616 : TAP DUO/TRIO

716: ACRO DUO/TRIO

### **12/13yrs**

117 : JAZZ DUO/TRIO

217: CONTEMPORARY/LYRICAL DUO/TRIO

317 : HIP HOP DUO/TRIO

417 : BALLET DUO/TRIO

517 : MUSICAL THEATRE DUO/TRIO

617 : TAP DUO/TRIO

717: ACRO DUO/TRIO

### **14/15yrs**

118 : JAZZ DUO/TRIO

218: CONTEMPORARY/LYRICAL DUO/TRIO

318 : HIP HOP DUO/TRIO

418 : BALLET DUO/TRIO

518 : MUSICAL THEATRE DUO/TRIO

618 : TAP DUO/TRIO

718: ACRO DUO/TRIO



\*age cut off is 1st of january 2023

\*section is calculated by the age of the oldest competitor

## **DUO / TRIOS**

### **Open**

119 : JAZZ DUO/TRIO

219: CONTEMPORARY/LYRICAL DUO/TRIO

319 : HIP HOP DUO/TRIO

419 : BALLET DUO/TRIO

519 : MUSICAL THEATRE DUO/TRIO

619 : TAP DUO/TRIO

719: ACRO DUO/TRIO

\*age cut off is 1st of january 2023

\*section is calculated by the age of the oldest competitor

## **IMPROVISATIONS**

001: 12YRS & UNDER

002: 13YRS & OVER

## **WHEELCHAIR DANCE**

120 : JAZZ

220 : CONTEMPORARY/LYRICAL

320 : HIP HOP

420 : BALLET

520 : MUSICAL THEATRE/BROADWAY

807: STUDENT CHOREOGRAPHY

ANY BODY CAN DANCE

# CATEGORIES

## **JAZZ**

Jazz incorporates traditional stylized dance movements and combinations, formation and/or level changes, leaps, and turns. Emphasis should be placed on proper technical execution, extension, control, and body placement.

## **HIP HOP**

Hip Hop routines incorporate street style movement with an emphasis on execution, creativity, and body isolations while maintaining uniformity, control, and rhythm. They must have CLEAN music lyrics and dance moves.

## **MUSICAL THEATRE**

Character/Broadway routines should consist of original, imaginative, or innovative dance movements that incorporate a theme, concept, or characterization throughout the entire performance.

## **BALLET**

a classical dance form demanding grace and precision and employing formalized steps and gestures set in intricate, flowing patterns to create expression through movement. Traditional ballet movements, and technique are demonstrated.

ANY BODY CAN DANCE

# CATEGORIES

## **TAP**

Tap dance is a form of dance characterized by using the sounds of tap shoes striking the floor as a form of percussion.

## **ACRO**

Acrobatics is the performance of human feats of balance, agility, and motor coordination. Acro dance is a style of dance that combines classical dance technique with precision acrobatic elements. It is defined by its athletic character, its unique choreography, which seamlessly blends dance and acrobatics, and its use of acrobatics in a dance context.

## **IMPROVISATION**

Dance improvisation (commonly known as improv) is the process of creating movement without pre-planning any steps or choreography. Free movement is a great way to have fun, relieve any stress and explore new ways to move and the best part is there are absolutely no rules!

ANY BODY CAN DANCE

# CATEGORIES

## **CONTEMPORARY**

Contemporary routines incorporate movements based in ballet, lyrical, or jazz, but often use less traditional forms, moves, or technique, and have contemporary or modern-like choreography.

## **LYRICAL**

Lyrical routines incorporate ballet, modern, and jazz technique, with an emphasis on movements that are more fluid and graceful in nature. It is, by definition, emphasizing and expressing the lyrics of a piece of music or using choreography that demonstrates connection to the story or ideas in the music.

## **BROADWAY**

It is a unique blend of ballet, modern, and jazz and is distinguished by its emphasis on exaggerated movements, high energy, and story-telling.

ANY BODY CAN DANCE

# CATEGORIES

## **STUDENT CHOREOGRAPHY**

Contemporary routines incorporate movements based in ballet, lyrical, or jazz, but often use less traditional forms, moves, or technique, and have contemporary or modern-like choreography.

## **WHEELCHAIR DANCE**

Wheelchair Dancing is defined as a partner dance competition and Dance-sport where at least one of the dancers is in a wheelchair. Participants can compete combi style, dancing with an able-bodied (standing) partner, or duo dance for two wheelchair users together.

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ABCD COMPETITION

# SYLLABUS

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## Age Groups:

### Groups:

- 6 & Under
- 8 & Under
- 10 & Under
- 12 & Under
- 15 & Under
- Open Age



### Solos, Duos/Trios:

- 4-5 Years & under
- 6-7 Years
- 8-9 Years
- 10-11 Years
- 12-13 Years
- 14-15 Years
- 16+ Years

\*The Group age limit is governed by the eldest member.

\*Age cut offs for ALL categories are as of 1 January the year of the competition

ANY BODY CAN DANCE

# PRICING



## Registration Information

- \$10 Dancer Registration Fee applicable to each entrant
- All entries include the following items:
- Digital program
- Free door entry for competitors
- Medals 1/2/3 placing
- Ribbons for groups and Highly Commended winners
- Technical and professional judges, providing specific feedback on what to work on

## Entry Fees

- Solos \$30.00 per dance/routine
- Duo/Trios \$20.00 per dancer/per routine
- Groups \$55.00 per routine
- Age Champion \$30.00 entry



# SYLLABUS

## General Information:

- \*Age cut offs for ALL categories are as of 1 January the year of the competition. In the event the performer is born ON the 1st of January, they can elect which age category they will perform in
- Competitors enter at their own risk. ABCD Competition accepts NO responsibility for an accident or injury to any persons associated with the event, either as a Competitor, Volunteer, or a member of the General Public, at any time
- Competition Director/s can overrule any of the below rules at any time. The Competition Director/s shall decide on any matter not covered by these rules and its decision on any questions or dispute shall be final
- Privacy is paramount to ABCD Competition. We will not distribute any information of our entrants to any third party, it is purely for ABCD Competition purposes only
- By submitting your entry, you agree to receive marketing emails from ABCD Competition, from time to time.
- "Coaching" students from side stage is allowed however groups/solos/duos or trios without prompting will be highly favoured by judges.
- We will not publish any results with scores on any social media site
- ABCD Competition reserves the right to change competition days or move location due to unforeseen circumstances and entries will not be refunded
- The plea of lack of knowledge of the rules will not be accepted as a bona-fide reason for the infringement of any rule
- The use of photos/videos for marketing purposes is granted to ABCD Competition upon receipt of a paid entry
- ONLINE PAYMENTS are currently being processed through square and incur a 2% surcharge.

# SYLLABUS

## General Information:

- ABCD reserves the right to add or change additional competition days or move the competition location due to unforeseen circumstances.
- ABCD also reserves the right to cancel any event that does not meet the minimum number of acceptable entries. In the event this should occur, all entry fees will be refunded.
- There will be NO refunds on entries after the minimum number of entries have been received and the competition has been confirmed.
- All dancers have paid an Event Registration Fee that covers admission into the competition, the Doors will open exactly 30 minutes prior to the first performance.
- Dancers must perform their ENTIRE performance on the stage. Performers may not enter or exit the stage from anywhere other than the wings.
- Jumping off the front of the stage is not permitted. Starting the performance from the audience or ending in the audience is also not permitted.
- Running in front of the adjudicators table or approaching the adjudicator is also not allowed.
- No gifts can be presented to the adjudicators in conjunction with a dance performance.
- At no time are teachers, parents or dancers allowed to practice, rehearse or meet on stage.
- Teachers performing with students need to wear a black wristband or black outfit to acknowledge that they are teachers and not students.
- All performers agree that they are in good health and fitness and are physically able to participate.
- All participating teachers, dancers and spectators are expected to display good sportsmanship. Failure to comply could result in immediate disqualification and loss of privileges to participate in future ABCD Competitions.

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## ABCD COMPETITION

# SYLLABUS

### • **General Information:**

- All performances must be age appropriate and family friendly for all attending the competition.
- It is at the sole discretion of either the competition director or our judges that if a performance is too suggestive in either costuming, choreography or song selection that the performance may be asked to cease and points will be deducted. If such deduction takes place the affected performance will not be eligible for high point or special awards.
- We take great pride in creating a safe and age appropriate environment where children can excel in the art of performing without being exploited.

### **No photo/video rule:**

- The use of ANY electronic device for photography and videography is **STRICTLY PROHIBITED** during all performances. Failure to comply with this rule may result in a point deduction to the act being recorded and/or photographed as well as confiscation of the recordings and/or photographs.
- It is the responsibility of the Studio Owner/Director to inform their students and parents of the NO Photo/Video rule.
- All contestants grant permission for ABCD to use photography and videography of their performances for promotional purposes including advertising, publicity and posting on social media outlets.

### **IMPORTANT Dance floor safety information:**

- No form of liquid, gel, aerosol, glitter, powder or paint may be used that will physically alter the surface of the stage floor.
- Note: Rosin must be self-contained and cannot be applied on shoes on the stage floor.
- If the stage is littered during a performance, dancers are expected to clean the stage completely of all debris.

# SYLLABUS

## **Adjudicator:**

- If a judge is unable to perform his/her duties, ABCD Competition reserves the right to appoint a new judge without notice
- The adjudicator's decision is final. Please do not speak to the judge at any time during the competition
- Each performance will be evaluated on the following five judging elements:
  - 1.) Technique - 30 points total
  - 2.) Stage Presence - 25 points total
  - 3.) Execution of Performance - 25 points total
  - 4.) Choreography - 15 points total
  - 5.) Overall Appearance - 5 points total

## **Admittance:**

- We reserve the right to refuse entry to any person
- Mobile phones must be switched off when entering the auditorium
- Entry fees (per session) are \$10.00 (unless otherwise stated):
  - Concession/Pension: \$10.00
  - Children: \$10.00
  - Adults: \$10.00

## **Backstage:**

- All entrants must be backstage at least 2 acts PRIOR to their scheduled performance
- There is to be no congregating in the wings during a performance on stage
- All entrants and associated parties must always follow the direction of backstage crew member
- Noise must be kept a minimum
- Dressing rooms are limited at each venue. Please arrive ready to perform, this includes arriving with make-up completed and dressed in first performance costume.
- No food, drinks or smoking is allowed in the competition area.

# SYLLABUS

## **Safety:**

ABCD and the hosting facility are not responsible for any kind of damage, loss or injury sustained by contestants or spectators or their property while attending any area of the venue premises. Dancers competing take certain inherent risks when involved in any physical activity. Participation in this competition indicates the acceptance of such risks by the performers.

Therefore, upon registration to any ABCD event, it is agreed that participants will not hold ABCD Competition, its directors or employees responsible for injuries that occur or illnesses that may be contracted during the competition event. Studio Owner/Directors agree to adhere to the Release of Liability Clause which is completed during the registration process.

Due to ABCD being a public event, ABCD encourages all attendees to:

- Supervise children at all times
- Be responsible for personal belongings
- Be aware of surroundings and inform a ABCD employee of unsuitable or suspicious activity
- Stay safe and have fun while attending ABCD events!

## **Dressing Rooms:**

- All entrants are to change in the allocated changing rooms ONLY
- Dressing rooms will be allocated at the beginning of each day. Please remember to respect each other's space and personal belongings. Any bad sportsmanship will result in disqualification
- Please ensure all dressing rooms are tidy at the end of the day. Any messy changing rooms will result in a cleaning fee (payable by the entrants who shared the dressing room) up to \$200
- Any entrant found to have caused damage to the dressing room will be charged the relevant repair costs. If existing damage is found within the dressing room, please notify the Competition Director/s immediately
- Photos will be taken of each dressing room at the beginning of each day; if any damage has been found by the relevant entrants, a repair fee may be requested

# SYLLABUS

## IMPORTANT: PROHIBITED/UNACCEPTABLE PROPS

- Fire (including candles, matches, lighters), fireworks (including sparklers), explosives, swords, knives, weapons and use of animals are strictly prohibited.
- Toy weapons are acceptable. However, toys may not fire projectile objects or have blunt points or sharp edges.
- Hoverboards and motor vehicles are not allowed.
- All props should be non-toxic substances. No form of liquid, gel, powder, glass objects, aerosol cans of any type (including hairspray or spray paint) or similar substances may be used that will physically alter the backdrop, wings or surface of the stage floor.
- Prohibited items include: water (on body, costume, or prop), wet paint (on body, costume, or prop), fake blood, fake snow, silly string, haze or fog machines, strobe lights, bubbles, bubble machines, confetti, streamer or confetti cannons, loose feathers, candy, chalk, crushed cork, flour, corn starch, loose glitter (on body, costume or prop), sand, sawdust, dry ice or any other similar substances.
- Any act that uses a substance that is not permitted and creates a safety hazard for performers or on the stage floor may be penalised and/or disqualified at ABCD's discretion.

**MOST IMPORTANTLY - HAVE FUN!!**

